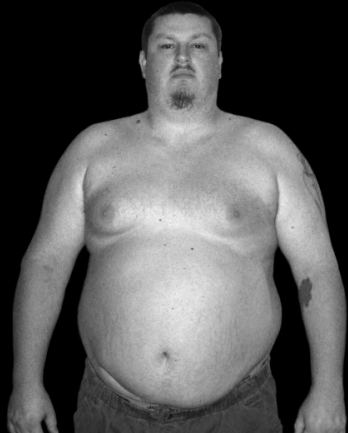


Bill Johnston, You've Lost 206 Pounds!

WHAT ARE YOU GOING TO DO NOW?



"I'm taking scuba lessons!" Bill Johnston weighed 371 pounds when he finally decided he'd had enough of his limited life. He chose laparoscopic gastric bypass surgery at Methodist Hospital in June 2005. Today, he's more than 200 pounds lighter—and can do things he's only dreamed about, like flying to Australia and scuba diving the Great Barrier Reef. "I couldn't fit into a plane seat or a wetsuit," he says. "Now, my fantasies about traveling the world are coming true."

If you're overweight by 100 pounds or more, gastric bypass surgery can help you lose the weight and keep it off.

Methodist Hospital surgeons specialize in laparoscopic surgery. This minimally invasive procedure uses small incisions, so recovery is easier, with less pain. Patients usually go home the next day, and can resume normal activities faster.

The surgeons at Methodist Hospital have performed over 1,500 laparoscopic bariatric surgeries. And, for appropriate patients, our surgeons perform the LAP-BAND® procedure, the only adjustable obesity surgery that does not require cutting and stapling of the stomach or gastrointestinal re-routing to bypass normal digestion.

Our team and facility are recognized by the American Society for Bariatric Surgery as a Bariatric Surgery Center of Excellence. So you know you'll get top-quality care.

What would you do if you lost 100 or more unwanted pounds? What dreams would you fulfill? Let's talk about it. Come to one of our upcoming symposiums on weight loss surgery. Talk to our doctors. Talk to our patients. Get the answers you need. And get back to life.



OUR NEXT SYMPOSIUMS

3rd Wednesday of each month—7 to 9 pm

June 20 • July 18 • August 15

3rd Saturday of each month—12:30 to 2:30 pm

(No September Date)

July 21 • August 18 • October 20

Call for reservations and more information. 888-388-2838

24 hours a day, 7 days a week



METHODIST HOSPITAL

The Next Generation of Care

300 W. Huntington Drive • Arcadia, CA 91007 • www.methodisthospital.org • Physician Referral: 888-388-2838