

# Sheryl Maddox, You've Lost 132 Pounds!

WHAT ARE YOU GOING TO DO NOW?



**"I'm getting on a roller coaster!"** Sheryl Maddox weighed 264 pounds when she decided she'd had enough of up-and-down dieting. She chose laparoscopic gastric bypass surgery at Methodist Hospital in February 2004. Today, she's lost half her body weight—and she's back doing the things she loves, like riding coasters. "I was too big to fit safely in the seat," she says. "Now, my family has season passes to our favorite amusement park!"

If you're overweight by 100 pounds or more, gastric bypass surgery can help you lose the weight and keep it off.

Methodist Hospital surgeons specialize in laparoscopic surgery. This minimally invasive procedure uses small incisions, so recovery is easier, with less pain. Patients usually go home the next day, and can resume normal activities faster.

The surgeons at Methodist Hospital have performed over 1,500 laparoscopic bariatric surgeries. And, for appropriate patients, our surgeons perform the LAP-BAND® procedure, the only adjustable and reversible obesity surgery that does not require cutting and stapling of the stomach or gastrointestinal re-routing to bypass normal digestion.

Our team and facility are recognized by the American Society for Bariatric Surgery as a Bariatric Surgery Center of Excellence. So you know you'll get top-quality care.

What would you do if you lost 100 or more unwanted pounds? What dreams would you fulfill? Let's talk about it. Come to our upcoming symposium on weight loss surgery. Talk to our doctors. Talk to our patients. Get the answers you need. And get back to life.



## OUR NEXT SYMPOSIUM

Wednesday, December 20th, 7 to 9 pm  
Call for reservations and more information.  
888-388-2838  
24 hours a day, 7 days a week



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